

SESSION 3 – MOTHERS IN PRISON

INTRODUCTION

In this session, we examine the effect of incarceration on mothers. We discuss how mothers redefine their identities while incarcerated.

OUTLINE

- | | |
|---|-----------|
| 1. Introduction to Course | (5 min) |
| 2. Presentation by Facilitator
(Discussion of Homework) | (20 min.) |
| 3. Discussion Group | (30 min.) |
| 4. Summary by Facilitator | (5 min.) |
| 5. Conclusion and Message of Hope
(Next week assignments and Reading Comprehension Techniques) | (15 min.) |

Tutoring session



OBJECTIVES

At the end of this session, you will be able to:

- Outline the effect of incarceration on mothers and children
- Describe how mothers preserve their identity while incarcerated

POSSIBLE DISCUSSION TOPICS

- **What strategies do mothers use to deal with incarceration and maintain their role as mothers?**
- **How can we minimize the effect on children?**



Think About It

Do you really lose your identity as a mother while incarcerated? How can you maintain emotional connections with your children?



CONCLUSION

1. Summarize what you learned.
What is the impact of incarceration on families and mothers in particular.
2. Homework
 - a) Choose one of the discussion topics listed and write a one page to half page essay. Use full sentences and proper punctuation and grammar. Try to use some of the new vocabulary you learned.
 - b) You can also choose an alternative assignment.
 - c) Read the articles for the next session and complete the questions for next week.
 - d) Meet your tutor, correct homework and writing assignments. Create an outline for your essay. Email your completed homework to your tutor.
 - e) You can ask for more readings on this subject from the facilitator if you are interested.