TOP 10 TIPS FOR READING and WRITING:

**10.** Be encouraged and feel proud of yourself: you are a part of a reading and writing community.

**9. Read aloud**: this can help with focus and comprehension.

8. Take a break: if you are having a hard time with focus or thinking of ideas, taking a short break can help. Sometimes doing something with "movement" – EX: a short walk or exercise can help promote focus and / or ideas.

**7. Use a ruler or post-it note:** This may help to "keep your place" when reading a passage.

**6. Read smaller amounts at a time and re-read certain parts:** to gain a better understanding.

5. Keep a list / notebook of vocabulary words that you are unfamiliar with while you are reading a passage: take time to look these words up and write out a definition in "your own words" to gain a better understanding.

**4. Brainstorm Lists, Outlines, and Webs:** Don't worry about spelling / structure at this stage. (pre-writing)

EX: Use the alphabet to list your ideas, make a list of all ideas that come to mind – even something that seems silly, or think about your "senses" related to the topic – What do you or others see? What do you or others hear?

## 3. View writing as a process: one step at a time.

- a. Pre write Brainstorm your ideas
  Lists, word webs, or outlines (do what works for you)
- b. Write your first draft
- c. Re-read what you wrote out loud make any changes / edits/ additions

## 2. Structure of your writing:

- a. Introduction be general to introduce your topic
- Body Be more specific give all the details about your topic
- c. Conclusion tie it all together

## TRICK: Start your introduction or end your conclusion with a thought - provoking question.

1. We all make mistakes – Always try and forgive yourself... Keep GOING and GROWING!!!! \*\*\*CELEBRATE THE STEPS TOWARDS YOUR GOAL!!!