

# Co-Existing/Co-Occuring Mental Health Disorders May Interact with PICS



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# **PORTRAIT ONE - CHILDHOOD TRAUMA**

## **Child Maltreatment and Neglect**

### **Physical Abuse -**

**Ranges from minor bruising, severe fractures or death**

### **Child Sexual Abuse -**

**Any sexual act involving child that provides Sexual gratification to a parent caregiver or persons having responsibility for the child**

**Cont.**

**Child Neglect - parent or caregiver deprives child of basic needs resulting in physical or psychological harm**

**Child Psychological Abuse- non accidental Verbal/Nonverbal acts by parent or caregiver resulting in significant psychological harm**

**-berating - humiliating**

**-threatening -harming**

**-abandoning -confining**

# Portrait Two - Schizophrenia, The Thinking Disorders

## SCHIZOPHRENIA PSYCHOTIC SYMPTOMS

- Delusions - fixed beliefs won't change with conflicting experiences (implausible)
- Auditory Hallucinations, most often hearing voices distinct from person's thoughts
- Disorganized Thinking (Speech) - switch topics rapidly; questions answered indirectly; incoherent "word salad"

## **Portrait Three - DEPRESSION MOOD DISORDERS, FEELING DISORDERS**

**Major Depressive Disorder-**

**Change in functioning**

**Depressed mood most of day nearly every day**

**Feeling sad, empty, hopeless; appears tearful**

**Diminished interest , pleasure in almost all activities**

**Weight loss or gain**

**Insomnia or hypersomnia almost every day**

**Loss of energy, diminished concentration**

**Feelings of worthlessness, shame**

**Suicidal thoughts, specific plan, attempts**

# Bipolar/Manic Depression

## Bipolar Disorder-

Psychotic condition marked by alternating periods of elation and depression.

May present with manic behavior only

## Manic Episode

Abnormally elevated, expansive or irritable mood;

Extreme energy; goal directed activities

Pressured and fast speech

Flight of Ideas, racing thoughts,

Inflated sense of self or grandiosity

# Depression and Mania (cont.)

## Major Depressive Episode

Constant low mood, sad, hopeless Fatigue low energy poor concentration

Recurrent thoughts of death

Lack of interest in life activities.

# PORTRAIT FOUR ADDICTION, SUBSTANCE AND BEHAVIORAL DISORDERS

Symptoms indicating continued use/involvement causes consequences

Impaired control, risky behaviors

Craving/intense desire and urge to use or act at any time

Tolerance-diminished, resulting in needing effect response to substance/behavior more to achieve desired effect

Failing to meet major responsibilities

Alteration in meeting in work, career, family, interpersonal relationship, school

# Substances/Behaviors Often Abused

## Substance Addictions-

Alcohol

Nicotine

Hallucinogens

Stimulants

Opioids

Marijuana

## Behavioral Addictions-

Pornography

Eating

Gambling

Sex

Shopping/Spending

Technology

# KEY CONCERNS WHEN CO-OCCURRING DISORDERS ARE PRESENT

Primary or Secondary Diagnosis

Bio- Psycho- Social Assessment

Treatment Planning

Resource Development

Referral